Risk Assessment: RIOT Running Club

Risk:	Assessed by:	Location :	Review:		
Hazards on route	Adele Elliott, Michael Paulley & Gerald Carter	RIOT Running Club	18 th May 2023		

What are the Hazards?	Who might be harmed and how?	What are you already doing?	Risk Rating	What else can you do to control this risk?	Resultant Risk Rating	Action by whom	Target date	Complete
Other pavement users/ encounters on route -Pedestrians and Walkers with dogs	Athletes and pedestrians: Cuts, grazes or bruises from collision	-Runners aware to give due consideration/respect to others on the run route. -Run in single file to stay on pavement passing pedestrians. -Thank pedestrians for giving way to runners -Stay alert in the proximity of dog walkers and the possibility of extending dog leads.	M	-Plan run route away from busy pedestrian areas -Give due consideration and warning to dog walkers -Loose dogs not to be approached		-Group leaders, Runners and committee -All runners to run according to Health and Safety policy		
Wild animals ie: cows/ horses/sheep	Runners injuries from attacks or trips	-Runners to run/walk in group carefully though fields with animals in keeping a sensible distance between themselves and the animals. - Ensure all gates to fields shut behind runners.	M	-Plan route and warn runners if animals likely to be encountered -If animals are spooked by runners, group to stand still and stay together until animals settled. -If aggressive behaviour observed DO NOT enter the field		-Group leaders, Runners -All runners to run according to Health and Safety policy.		