

Risk Assessment: RIOT Running Club

Run Risk:	Assessed by:	Location :	Review :
Lost Runners	Adele Elliott, Michael Paulley & Gerald Carter	RIOT Running Club	18 th May 2023

What are the Hazards?	Who might be harmed and how?	What are you already doing?	Risk Rating	What else can you do to control this risk?	Resultant Risk Rating	Action by whom	Target date	Complete
<p>Runners getting separated from run group. Lost or missing runners</p>	<p>Runners getting lost or injured (unable to keep up) whilst out with group</p>	<ul style="list-style-type: none"> -Know the names of individuals running in each group. -Responsibility of group lead and tail runners to carry a fully charged mobile phone. -Brief runners on the route being used, leader to be familiar with the route. -Leaders/tail take a head count before, during regular regroup, and at the end of the session. -Pace announced at start. Runners to run in appropriate ability group. Consider use of loop backs if a runner wishes to go faster/longer. -Tail runner stays behind the last runner in the group and carries small first aid kit. -Ask runners to advise lead/tail runners if they are dropping out or leaving the session early. Runner to report they have got home safely to lead/tail runners. 	<p style="background-color: yellow; display: inline-block; padding: 2px;">M</p>	<ul style="list-style-type: none"> -Health and Safety policy clearly seen on website so all runners aware of risks. -Tail runner has the contact details for the lead runner <p>If a runner is identified as missing:</p> <ul style="list-style-type: none"> -Check runners contact/emergency contact number to confirm their location. -if unable to contact, organise a sweep of the route. -if the runner cannot be located contact emergency services and report missing person. 	<p style="background-color: green; display: inline-block; padding: 2px;">L</p>	<ul style="list-style-type: none"> -Group leaders and Runners -Committee to ensure all group leaders regularly updated and aware of Health and Safety policy. -Health and Safety policy to be reviewed on a yearly basis. 		