**Risk Assessment: RIOT Running Club**

| **Run Risk** | **Assessed by:**  | **Location :** | **Review :** |
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| Covid-19  | Anne Saunders | RIOT Running Club | 31st January 2022 |

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| *What are the Hazards?* | *Who might be harmed and how?* | *What are you already doing?* | *Risk Rating* | *What else can you do to control this risk?* | *Resultant Risk Rating* | *Action by whom* | *Target date* | *Complete* |
| *Running and training during Covid-19 pandemic* | *Runners at risk of contracting the virus from other runners and members of the public*  | *Following Government and EA guidance on group sizes, running in groups of six-managed though an online booking system.**Runners aware not to run if they have symptoms of Covid-19**-High temperature**-New continuous cough**-Loss or change of your sense of smell or taste**-Known contact with anyone infected with Covid-19**If distancing not possible whilst waiting for the run to start then face masks to be worn.**Groups of six to have a run leader and a planned route away from busy public areas.**Maintain appropriate social distancing of at least one metre (two if possible) throughout the training session.**No gathering at car parks or rest points before/during/after the training session.* | *M* | *Runners in the vulnerable group, as defined by the NHS, may wish to consider running within their own ‘bubble’.**Maintain records of who ran in which group to allow possible tracing if someone develops symptoms.**All runners to carry their own face masks, hand sanitiser + tissues in case of coughing or sneezing.**Sanitiser to be used after opening gates.**Respect public sensitivities about running and pass members of the public at least a metres distance away-further if possible and face away from individual.**No sharing of food or water during training.* |  *L* |  |  |  |
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