

## Agreement for Junior Runners (12-18 year olds)

The following rules are in place to ensure the health and safety of all our junior runners participating in RIOT Club Training sessions and runs. These are non-negotiable:

- In accordance with England Athletics safeguarding and insurance policy, Juniors may run with the club, however **they must be accompanied by a parent/guardian.**
- Juniors (**age 12 to 18**) can only start running with that club once a completed and signed agreement form has been received by the club ([getintouch@runriot.uk](mailto:getintouch@runriot.uk))
- Juniors should only join a session which is being led by a qualified England Athletics Leader in Running Fitness. We call these leaders **LiRF** - they have passed a DBS check and hold a valid qualification including Safeguarding. "**LiRF**" will be written next to the leaders name along with details of the session on the Facebook post and the weekly run post email. Not all runs or weeks will have a LiRF available, please do check Facebook before attending a session or run or contact the club if you are unsure.. .
- Juniors must always run in a group with their **parent or nominated person with parental responsibility** whose name appears on this consent form. We will refer to the parent or guardian as "their/the adult". If a different person is nominated/present, then a new form will be required and signed by the adult assuming parental responsibility.
- **The LiRF is responsible for leading the run and not for supervising the junior.** This is the responsibility of their adult. Run Leaders do not accept responsibility for any U18 running in their group.
- The Junior's adult must let the run leader know that there is a junior taking part before the start of the session. The adult remains responsible for all aspects of the junior's health and safety.
- The **responsible parent/guardian also continues to be responsible for ensuring that the U18 stays visible to them during the run.**
- Please ensure that the U18 runs in an appropriately paced group, if the U18 cannot remain with the group the parent/guardian must ensure they stay with them. If the pace of the session isn't suitable for the junior then it will be the responsibility of the adult to alert the run leader or tail runner and agree on what action to take. This might include the adult and junior returning to the start point on their own and this is the absolute responsibility of the adult.
- Dorchester RIOT cannot be held responsible for monitoring appropriate language or conversation within club runs, however we do have a Code of Conduct which outlines our expectations of individuals.
- It is the parent/guardian's responsibility to ensure U18's get to and from runs safely, U18's cannot be left with the Run Leader.
- Photos are often taken on runs and used on RIOT's social media. It is assumed by joining a club run or event that consent of both Adult and Junior is given unless explicitly flagged with the run leader before the run. Should you not wish the Junior to be photographed, then it is the Adult's responsibility to ensure the Junior steps out of any group photo. You may flag to Dorchester RIOT at any time if there is a photo including a Junior that you wish to have removed from social media

**Name of Junior:**

**Name of Parent:**

**Signature:**

**Date:**

**Name of Responsible Adult:**  
(if applicable):

**Signature:**

**Date:**

Please sign & scan and email to [getintouch@runriot.uk](mailto:getintouch@runriot.uk)