

## Job title: Club Captain

### Requirements:

Club Captain is the link between the Committee and its members. It is the Club Captains role to represent the views of the members within the Club and contribute to the development of the Club through providing advice and guidance from the runners' perspective.

### About us:

Our concept is anchored in an idea, that running is an emotional journey that can not only be shared with others but actually benefit the whole community. RIOT brings athletes of all shapes and sizes together with a vision to run, train, laugh, cry, share and above all give back to the community in a way that creates a legacy for all involved.

### About the role:

As Club Captain you will be responsible for the organisation of runs and the training opportunities for all runners in collaboration with the Run Coordinator, focusing on weekend social runs and races/ events. We need someone organised and passionate about running (not necessarily a "fast runner"). You will need to be able to coordinate and develop the most important area of the club - running.

### Responsibilities:

- Maintain a motivating presence, in person on Club nights, events, socials and via social media in conjunction with the Communications Officer
- Assist the Communications Officer with production of race reports for inclusion in Medal Monday along with other achievements by club members for recognition.
- Welcome new members to the Club and maintain regular contact with Club members by making yourself known.
- Generate team spirit by motivating, leading encouragement, attending team events, and showing interest, supporting progress.
- Gather feedback from members and represent the runners if they have any queries or issues relating to the club.
- Make members aware, via social media, of upcoming racing events that may be of interest and actively encourage participation.
- Support runners in their next running challenge as they step up from 5k to 10k, half marathons and beyond, assisting with programs such as the marathon training block etc.
- To work with the other leaders within the club to ensure the continued success of Monday Run4All sessions, Tuesday training and Thursday club runs, in collaboration with the Run Coordinator.
- Arrange Sunday Social runs for all levels of club member, aiming for say 6 per year.
- Parkrun tourism to other local areas e.g. Weymouth, Poole, Blandford etc.

### Candidate requirements:

- An interest in running and preferably experience in leading runs.
- Attention to detail with regard to member activity.
- Approachable with the ability motivate others and coordinate a team of people.
- Be a positive role model for all members of the club.